Immediate Needs to Stock Central Pantry

**FOOD:**

- Canned/Packaged Meats (Tuna, Chicken, Salmon, Vienna Sausages)
- Pasta (all forms are fine)
- Pasta Sauce (jars or cans)
- Peanut Butter
- Jelly
- Mac & Cheese
- Rice (brown, white, etc.)
- Beans (Canned & Dried)
- Instant and Regular Oatmeal
- Hot cereals (grits, cream of wheat, etc.)
- Canned Soups
- Ramen Noodles
- Canned Fruit/Applesauce
- Canned Vegetables
- Instant Mashed Potatoes
- Cheerios and other boxed cereals
- Tortillas
- Whole Wheat Bread
- Powdered Milk

**HYGIENE ITEMS:**

- Shampoo/Conditioner
- Bar Soap
- Toothpaste
- Toothbrushes
- Deodorant
- Sanitary Napkins/Tampons
- Diapers (all sizes)